

How Eastern Woodlands Indians Adapted to their Environment

The kinds of food they ate, the clothing they wore, and the shelters they had depended upon the seasons.



Foods changed with the seasons.

Shelter was made from materials around them.





**Animal skins
(deerskin)
were used for
clothing.**

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In winter, they hunted birds and animals.



In spring, they fished and picked berries.



In summer, they grew crops: beans, corn, squash.



In fall, they harvested crops.

